

ASFS Reading List-BIPOC Diversity and Inclusion

Focus on Food and Race—African American (1-11-2021; updated 1-29-2021)

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These readings offer a starting point for discussing food and race, with a focus on Black/African-American food cultures. We have tried to make the list a manageable size, and we are aware that there are other texts that could be included.

Please feel free to offer suggestions or links to other lists. Also helpful are articles that can be easily accessed on-line.

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Readings on Cultural Diversity and Inclusion—Foundations and Theories

(These texts are frequently used in classes on cultural pluralism, critical race theory, and ethnic studies. They introduce some of the basic concepts and issues relevant to food and race.)

Coates, Ta-Nehisi. 2015. *Between the World and Me*.

DuBois, W.E.B. 1903/1994. *The souls of black folk*. New York: Dover Publications Inc. hooks, bell, "Eating the Other," *Black Looks: Race and Representation*, p 21 – 40.

Lipsitz, George. 2006. *The Possessive Investment in Whiteness: How White People Profit from Identity Politics*. Temple University Press.

Markus, Hazel Rose and Paula M. L. Moya. 2010. *Doing Race: 21 Essays for the 21st Century*. New York: W.W. Norton. (Textbook/reader that introduces some of the basic concepts around race as social construction along with informational articles about the role of race in American society and history.)

McIntosh, Peggy. 1989. "White Privilege: Unpacking the Invisible Knapsack," *Peace and Freedom Magazine*, July/August, 1989, pp. 10-12.
(<https://nationalseedproject.org/Key-SEED-Texts/white-privilege-unpacking-the-invisible-knapsack>)

Olua, Ijeoma. 2018. *So You Want to Talk About Race*. New York: Seal Press. (Being used currently in community reading groups. Very accessible.)

Omi, M. and Winant, H. 1986. *Racial formation in the United States: from the 1960s to the 1980s*. New York: Routledge.

Takaki, Ronald. 1993/2009. *A Different Mirror: A history of Multicultural America*. Back Bay Books.

Wilkerson, Isabel. 2020. *Caste: The Origins of Our Discontents*. Random House.

General Readings on Food and Cultural Diversity

Alkon, Alison Hope and Dena Vang. 2016. The Stockton Farmers' Market: Racialization and Sustainable Food Systems. . *Food, Culture, and Society*. 19/2: 389-411. (<https://doi.org/10.1080/15528014.2016.1178552>)

Baron, C., Carson, D., Bernard, M. 2014. *Appetites and anxieties: food, film, and the politics of representation*. Detroit, Michigan: Wayne State University Press.

Bradley, K., & Herrera, H. 2015. Decolonizing Food Justice: Naming, Resisting, and Researching Colonizing Forces in the Movement. *Antipode*.

Cusack, Igor. 2014. Cookery Books and Celebrity Chefs Men's Contributions to National Cuisines in Sub-Saharan Africa. *Food, Culture, and Society*. 17/1: 65-80. (<https://doi.org/10.2752/175174414X13828682779168>).

Food, Culture, and Society. 2016. Special issue on food practices and inequality Vol 19, issue 1.

Gvion, Liora. 2009. What's Cooking in America? Cookbooks Narrate Ethnicity, 1850-1990. *Food, Culture, & Society*, 12(1): 53-76.

Ku, Robert Ji-Song. 2014. *Dubious Gastronomy: The Cultural Politics of Eating Asian in America*. University of Hawai'i Press.

Martínez, Airín D. 2015. The Juxtaposition of Comiendo Bien and Nutrition The State of Healthy Eating for Latina Immigrants in San Francisco. *Food, Culture, and Society*. 18/1: 131-149 (<https://doi.org/10.2752/175174415X14101814953800>)

Minkoff-Zern, Laura-Anne and Megan A. Carney. 2015. Latino Im/migrants, "Dietary Health" and Social Exclusion A Critical Examination of Nutrition Interventions in California. *Food, Culture, and Society*. 18/3: 463-480. (<https://doi.org/10.1080/15528014.2015.1043108>)

Mintz, Sidney. 1985. *Sweetness and Power: the Place of Sugar in Modern History*. NY: Viking Books.

Parasecoli, Fabio. "No Woke-Washing, Please: Race, Food Studies, and Design." Blog. Aug 3, 2020. [Needs url.]

Pena, Devon G. et al., eds..2017. *Mexican-Origin Foods, Foodways, and Social Movements: Decolonial Perspectives*. The University of Arkansas Press.

Pit, Chrystel. 2014. Tortillas to Riches Ninfa Lorenzo, Houston, and the Business of Food and Culture, 1973–98. *Food, Culture, and Society*. 17/2: 245-260. (<https://doi.org/10.2752/175174414X13871910532024>).

Pottier, Johan. 2014. Savoring “The Authentic” The Emergence of a Bangladeshi Cuisine in East London. *Food, Culture, and Society*. 17/1: 7-26. (<https://doi.org/10.2752/175174413X13758634982173>)

Roth, LuAnne. From “Garlic-Breath” to “White Bread America”: Immigration and the Intersectionality of Culinary Racism and Culinary Nationalism. *Western Folklore*, 80/1 (2021).

Slocum, R. 2007. Whiteness, space and alternative food practice. *Geoforum*, 38/3: 520-533.

Slocum, R. (2011). Race in the study of food. *Progress in Human Geography*, 35/3: 303-327.

Wilcox, Hui Niu and Panyia Kong. 2014. How to Eat Right in America Power, Knowledge, and the Science of Hmong American Food and Health. *Food, Culture, and Society*. 17/1: 81-102 (<https://doi.org/10.2752/175174414X13828682779212>)

Wilk, Richard. 2009. “Difference on the Menu: Neophilia, Neophobia and Globalization.” in *The Globalization of Food*, edited by David Inglis and Debra Gimlin, Oxford: Berg Publishers. pp. 185-196.

Wilk, Richard. 2012. “Loving People, Hating what they Eat: Marginal Foods and Social Boundaries.” in *Reimagining Marginalized Foods: Global Processes, Local Places*, edited by Elizabeth Finnis, Tucson: University of Arizona Press. Pp. 15-33.

Williams-Forson, Psyche and Abby Wilkerson. Intersectionality and food studies. *Food, Culture & Society*, 14/1 (2011): 7-28.

Yan, Nancy. 2012. Un-defining Authenticity in Chinese Restaurants and Cuisine. In *Time for Food: Everyday Food and Changing Meal Habits in a Global Perspective*, Patricia Lysaght, ed. pp. 88-94. Åbo Akademi University Press: Finland.

Web resources:

Long, Lucy M., Jerry Reed, Susan Eleuterio. 2020. *Keywords: Exploring Cultural Differences Through the Lens of Food K-12 Curriculum Guide*. <https://foodandculture.org/keywords-exploring-cultural-differences-through-the-lens-of-food-k-12-curriculum-guide/>

Chinese food studies: <https://tarheels.live/modernchinesefoodways/about/>

Readings on Food and Race in the U.S. (Focus on African-American Food Cultures)

Alkon, Alison Hope. 2012. *Black, White, and Green: Farmers Markets, Race, and the Green Economy*. University of Georgia Press.

Anguelovski, Isabelle. 2016. Healthy food stores, greenlining and food gentrification: Contesting New Forms of Privilege, Displacement and Locally Unwanted Land Uses in Racially Mixed Neighborhoods. *International Journal of Urban and Regional Research* 10.1111/1468-2427.12299.

Beoku-Betts, Josephine. 2002. "We Got our Way of Cooking Things": Women, Food, and Preservation of Cultural Identity Among the Gullah. In *Food in the USA: A Reader*, ed. Carole M. Counihan, pp. 277-294. NY: Routledge.

Bock, Sheila. 2021. Fast Food at the White House: Hospitality, Social Class, and Clemson's Football Team. *Western Folklore* vol 80/1.

Bower, Anne, ed. 2008. *African American Foodways: Explorations of History and Culture*. University of Illinois Press.

Carney, Judith and Richard Nicholas Rosomoff. 2011. *In the Shadow of Slavery: Africa's Botanical Legacy in the Atlantic World*. University of California Press.

Daniel, Pete. 2015. *Dispossession: Discrimination against African American Farmers in the Age of Civil Rights* (The University of North Carolina Press).

Hatch, Anthony Ryan. 2016. *Blood Sugar: Racial Pharmacology and Food Justice in Black America*. University of Minnesota Press.

Cooley, Angela Jill. 2015. *To Live and Dine in Dixie: The Evolution of Urban Food Culture in the Jim Crow South* (University of Georgia Press).

Edge, John T. 2017. *The Potlikker Papers: A Food History of the Modern South* (Penguin Press).

Eves, Rosalyn Collings. 2005. A Recipe for Remembrance: Memory and Identity in African-American Women's Cookbooks. *Rhetoric Review* 24(3): 280-97. (<https://www.jstor.org/stable/20176662>)

Deetz, Kelley Fanto. 2017. *Bound to the Fire: How Virginia's Enslaved Cooks Helped Invent American Cuisine*. University Press of Kentucky.

Fields-Black, Edda L. 2008. *Deep Roots: Rice Farmers in West Africa and the African Diaspora*. Indiana University Press.

Garth, Hanna and Ashanté M. Reese, eds. 2020. *Black Food Matters: Racial Justice in the Wake of Food Justice*. University of Minnesota Press.

Green, J. J., Green, E., & Kleiner, A. 2011. From the past to the present: Agricultural development and black farmers in the American south. In *Cultivating food justice: Race, class and sustainability*, 47-64.

Guthman, Julie. 2012. "Doing justice to bodies" Reflections on food justice, race and biology." *Antipode* 46/5: 1153-1171.

Guthman, Julie. 2011. "'If They Only Knew': The Unbearable Whiteness of Alternative Food." In *Cultivating Food Justice: Race, Class, and Sustainability*, edited by Alison Hope Alkon and Julian Agyeman, 263–81. Cambridge, MA: MIT Press.

Harper, A. Breeze. 2009. *Sistah Vegan: Black Female Vegans Speak on Food, Identity, Health, and Society*. Lantern Books.

Harris, Jessica B. 2015. "A Square Meal: Postcards of Food From Africa and the Diaspora." *Virginia Quarterly Review* 91/ 2 (Spring): 196–203.

Harris, Jessica B. 2012. *High on the Hog: A Culinary Journey from Africa to America*. New York: Bloomsbury.

Keyser, Catherine. 2019. *Artificial Color: Modern Food and Racial Fictions*. Oxford University Press.

Klein, Lauren F. 2020. *An Archive of Taste: Race and Eating in the Early United States*. Minneapolis: University of Minnesota Press.

Kwate, Naa Oyo A. 2019. *Burgers in Blackface: Anti-Black Restaurants Then and Now*. University of Minnesota Press.

Larchet, Nicolas. 2014. Learning from the Corner Store Food Reformers and the Black Urban Poor in a Southern US City. *Food, Culture, and Society*. Vol. 17/3: 395-416. (<https://doi.org/10.2752/175174414X13948130848386>)

Manring, Maurice M. 1998. *Slave in A Box: The Strange Career of Aunt Jemima*. University of Virginia Press.

McCann, James. 2009. *Stirring the Pot: A History of African Cuisine*. Ohio University Press.

McCullen, Christie. 2011 "The white farm imaginary: How one farmers market re-fetishizes the production of food and limits food politics." In *Food as Communication: Communication as Food*. Eds. Janet M. Cramer, Carlita P. Greene, & Lynn M. Walters. New York: Peter Lang.

Miller, Adrian. 2013. *Soul Food: The Surprising Story of an American Cuisine One Plate at a Time*. The University of North Carolina Press.

Mitchell, William Frank. 2009. *African American Food Culture*. Greenwood.

Opie, Frederick Douglass. 2017. *Southern Food and Civil Rights: Feeding the Revolution*. History Press Library Editions.

Opie, Frederick Douglass. 2010. *Hog and Hominy: Soul Food from Africa to America*. Columbia University Press.

Pérez, Elizabeth. 2016. *Religion in the Kitchen: Cooking, Talking, and the Making of Black Atlantic Traditions*. NYU Press.

Poe, Tracey N. 2002. The Origins of Soul Food in Black Urban identity: Chicago, 1915-1947. In *Food in the USA: A Reader*, ed. Carole M. Counihan, pp. 91-108. NY: Routledge.

Reese, Ashanté M. 2018. “‘We Will Not Perish; We’re Going to Keep Flourishing’: Race, Food Access, and Geographies of Self-Reliance.” *Antipode* 50/2: 407–24. <https://doi.org/10.1111/anti.12359>.

Reese, Ashanté M. 2019. *Black Food Geographies: Race, Self-Reliance, and Food Access in Washington, D.C.* Chapel Hill: University of North Carolina Press.

Reid, Debra A. 2007. *Reaping a Greater Harvest: African Americans, the Extension Service, and Rural Reform in Jim Crow Texas*. Texas A&M University Press.

Sharpless, Rebecca. 2010. *Cooking in Other Women’s Kitchens: Domestic Workers in the South, 1865-1960*. Chapel Hill: University of North Carolina Press.

Strings, Sabrina. 2019. *Fearing the Black Body: The Racial Origins of Fat Phobia*. NYU Press.

Tipton-Martin, Toni. 2015. *The Jemima Code: Two Centuries of African American Cookbooks*. University of Texas Press.

Tompkins, Kyla Wazana. 2012. *Racial Indigestion: Eating Bodies in the 19th Century*. NYU Press.

Twitty, Michael W. 2017. *The Cooking Gene: A Journey Through African-American Culinary History in the Old South*. Amistad.

Wallach, Jennifer Jensen. 2019. *Every Nation Has Its Dish: Black Bodies and Black Food in Twentieth-Century America*. The University of North Carolina Press.

- Wallach, Jennifer Jensen. 2019. *Getting What We Need Ourselves: How Food Has Shaped African American Life*. Rowman & Littlefield Publishers.
- Wallach, Jennifer Jensen, ed. 2015. *Dethroning the Deceitful Pork Chop: Rethinking African American Foodways from Slavery to Obama*. University of Arkansas Press.
- Warner, Mark S. 2015. *Eating in the Side Room: Food, Archaeology, and African American Identity*. University Press of Florida.
- Warnes, Andrew. 2008. *Savage Barbecue: Race, Culture, and the Invention of America's First Food*. University of Georgia Press.
- Warnes, Andrew. 2004. *Hunger Overcome?: Food and Resistance in Twentieth-Century African American Literature*. University of Georgia Press.
- White, Monica M. 2019. *Freedom Farmers: Agricultural Resistance and the Black Freedom Movement*. The University of North Carolina Press.
- White, M. M. 2011. Sisters of the soil: Urban gardening as resistance in Detroit. *Race/ethnicity: Multidisciplinary global contexts*, 5/1: 13-28.
- Williams-Forsen, Psyche. 2010. Other Women Cooked for My Husband: Negotiating Gender, Food, and Identities in an African American/Ghanaian Household. *Feminist Studies* 36(2): 435-61. (<http://www.jstor.org/stable/27919110>)
- Williams-Forsen, Psyche A. 2006. *Building Houses Out of Chicken Legs: Black Women, Food, & Power*. Chapel Hill: University of North Carolina Press.
- Witt, Doris. 2004. *Black Hunger: Soul Food and America*. Minneapolis: University of Minnesota Press.
- Zafar, Rafia, 2019. *Recipes for Respect: African American Meals and Meaning*. University of Georgia Press.
- Zafar, Rafia. 2002. "The Signifying Dish: Autobiography and History in Two Black Women's Cookbooks." *Food in the USA: A Reader*. Edited by Carole M. Counihan. New York: Routledge.